



## Perth Perfect Day Out - Sat 15th Feb 2014 - Final Details

**\*\*Prizes supplied by BUFF and BRIGHTBIKELIGHTS\*\***

### Event 1 - 2014 Scottish Sprint Orienteering Championships Inc SOUL 2 - sponsored by bto Solicitors

**Please do not arrive before 1200 as the gates may not be open.**

**Registration 1230 - 1330**

**Starts 1300 - 1415**

**Courses close 1500**

#### **Location/Directions**

Event base is North Muirton Primary School, Perth. Postcode PH1 3BY. Grid Ref: NO106256  
Approach from the Inveralmond roundabout on the A9 north of Perth, and take the exit for Perth. Follow Dunkeld Road/A912 south through a mini roundabout, under a railway bridge, then turn left at the traffic lights onto Bute Drive. Follow this for just under 1Km until a signposted right turn takes you into Uist Place and then the school.

Parking will mostly be in the school grounds, but there is unlikely to be space for everyone, so **please, please** share cars if at all possible. There is a large carpark adjacent to the TISO store at Inveralmond roundabout where you could carshare from. We are awaiting permission for use of another carpark, but this will be a 500m walk.

It is recommended that you keep your vehicle locked when away from it.

#### **Registration**

Registration/download/seating and toilets are in the school. Access is by a door on the west side, not via the main entrance. Please leave outdoor footwear outside.

#### **Cakes!**

Elaine's 2 nieces are fundraising for a school trip, so Lorna, their mother, has offered to sell cakes (& tea and coffee) as a fundraiser. I can recommend them having sampled too many.

#### **Entry on the day**

There will be no entry on the day other than for juniors and novices.

#### **Safety**

**This is an urban event. There will be traffic on all courses except course 5.**

**YOU are responsible for crossing all roads in a safe manner.**

This is not a closed campus. People live here and should be given priority at all times - please act responsibly and courteously, particularly when crossing roads and at blind corners. Several controls can be approached from both directions so do not rush into blind corners.

Many of the houses in the area are being worked on and have scaffolding around them. No paths are blocked but they may be restricted in places, so please take additional care at these locations.

#### **Terrain**

Mix of fast running on paved surfaces, interspersed with grassy areas which will be muddy and slippery after several weeks of rain. Some grip is definitely recommended.

## **The map**

A4/1:4000 ISSOM map updated for the event. There will only be a minimal legend on the map, so make sure you that you are familiar with ISSOM symbols, particularly for out of bounds areas and uncrossable boundaries. The legend will be on display at registration.

Note in particular that the small areas of grass in front of individual houses belong to the houses, so although not always fenced off, they are still private property and out of bounds as shown on the map - please do not cut corners at these locations.

X on control description = manmade item.

Note that there are many small drying areas enclosed by a high wooden fence which is mapped as a thick black circular line. Where these are used as control features, the controls are all on the external side, so there is no need to enter them.

## **Courses**

|             | <b>Length</b> | <b>Controls</b> |
|-------------|---------------|-----------------|
| 1. M/W Open | 3500m         | 26              |
| 2. M/W 40+  | 3050m         | 22              |
| 3. M/W 55+  | 2650m         | 19              |
| 4. M/W 16-  | 2200m         | 20              |
| 5. M/W 12-  | 1600m         | 17              |

These are straight line distances. The actual lengths will be considerably longer.

There is negligible climb.

Unaccompanied under 16's cannot run courses 1, 2, or 3 to comply with BOF Insurance requirements re road crossings.

## **Junior Courses 4 & 5**

Course 4 crosses parking access roads and parking areas.

Course 5 does not cross any roads but does use pavements adjacent to parking access roads. Can parents please emphasise to juniors that they should not cross any roads. Maps should be collected at registration to allow parents to decide on suitability. The course is TD3 as there is route choice.

Courses 4 and 5 use loops to avoid road crossings so some controls are visited twice - parents should ensure that participants understand this, and that they have to punch these controls both times.

If shadowing, do so after your own run.

## **Starts**

See separate start list for allocated times. It will be a punching start.

Late starts will be fitted in when possible, but this may be a long time.

Courses 4 and 5 have been allocated start times, but this is only to avoid queuing, so can be flexible.

Those pre entered can go straight to the start unless they require to hire a dibber, or still have to pay for their entry.

The start is at the north end of the school grounds, adjacent to the parking.

1 minute start intervals; -3 call up; loose control descriptions available at -3.

Course 5 maps should be collected at registration.

The string course is adjacent to the starts so give way to participants if you are warming up.

## **Finish**

In the school grounds adjacent to registration.

## **String Course**

There will be a short string course within the school grounds. This follows a series of optional 'trim trail' activities, so parents may wish to accompany participants, although it will all be visible from the start. It is likely to be fairly muddy.

## **Misc**

The SI units will be attached to/hanging from small wires for security. This can occasionally make it slightly more difficult to dib. It is recommended that you pull slightly on the unit to tension the wire with your free hand while inserting the dibber. If you are at the correct location, the units

should be obvious, but bear in mind that this is an urban environment and kites are likely to be the first thing to go missing.

### **Prize-giving**

There will be a junior prizegiving as soon as possible for M/W 10, 12, 14, and 16 classes only. The main prizegiving will be after the night event at Kinnoull.

There are no trophies for the Sprints that we aware of, but there will be a BUFF for all class winners.

Parents should declare if runners on course 5 are shadowed or assisted.

## **Between Events**

TISO + M&S cafes at Inveralmond roundabout

Perth Art Trail: <http://www.pkc.gov.uk/CHttpHandler.ashx?id=20538&p=0>

Fergusson gallery: <http://www.pkc.gov.uk/article/6471/The-Fergusson-Gallery>

## **Event 2 - 2014 Scottish Night Orienteering Championships**

**Please note that this event is based in a working Monastery, and in a residential area. We are very grateful for the use of the Monastery facilities, so please behave accordingly, particularly when leaving after the event.**

Registration from 1800

Starts from 1820 for all novices, 1830 - 1930 for others.

### **Location/Directions**

Event base is St Mary's (Kinnoull) Monastery, Hatton Road, Perth. PH2 7BP. GR NO131234

From the sprint venue, return to Dunkeld Road and turn left. Continue through Perth following the signs for Blairgowrie until across the River Tay, then continue straight ahead up the hill. Follow this road uphill till signposted right onto Corsiehill Road, then follow this round and down to the Monastery on your left.

### **Parking**

Will be in the monastery car park then on Hatton Road. If parking on the road, please park as close to the pavement as possible and leave a gap every few cars to create passing places for other vehicles.

### **Registration**

Registration/download/seating area, and toilets will be in The Crypt under the monastery. Please leave muddy footwear outside.

### **Cakes!/Soup**

We will supply a cup of soup and some home made bread after your run. There will hopefully still be cakes, tea and coffee available for sale if you didnt eat/drink them all after the sprint.

### **Entry on the day**

There will be very limited entry on the day other than for novices on Course 5 and 6. The spare maps may be allocated before the event so you are advised to contact the organiser to check availability before travelling if you have not pre entered.

### **Safety**

Please note that there is a line of large dangerous cliffs along the south side of Kinnoull. The courses do not go near to these and they are clearly marked on the map. There is also a quarry area north east of the start which is shown as out of bounds and is clearly fenced off.

If lost, head north until you reach one of the hardcore paths. There are posts at the junctions of these. Follow the arrows on the posts north and west downhill to Corsiehill Road just uphill from the monastery.

Cagoules may be compulsory if required by the weather - come prepared.

Competitors are advised to carry whistles and a spare torch is highly recommended. Consider carrying a mobile - emergency contact numbers will be on the map.

### **Terrain**

Mixed woodland with mostly good running, and an extensive path network.

Many trees and large branches have been blown down recently, but these tend to be isolated, so are simple to avoid/go round.

Course 1 goes through an area that has recently been thinned, but the area is still runnable so has not been highlighted.

There are a few crossable wire fences, some with barbed wire top strands. These can all be crossed by going through the wires rather than climbing over.

### **The map**

1:7500, updated for the event.

### **Courses**

|   | <b>Length/Climb</b> | <b>Guideline EWT</b> |
|---|---------------------|----------------------|
| 1. M21, M20, M35                        | 6.6Km/335m          | 55 - 60'             |
| 2. M40, M45, M50, W21, W20, W35, M Open | 4.9Km/285m          | 45 - 50'             |
| 3. M18, M55, M60, W40, W45, M/W Open    | 3.5Km/185m          | 40 - 45'             |
| 4. M16, W18, W50, W55, M/W Open         | 2.8Km/135m          | 35 - 40'             |
| 5. M65, W16, W60, W65, Novice M/W Open  | 2.6Km/120m          | 30 - 35'             |
| 6. Novice - TD2                         | 2.1Km/45m           | 20 - 25'             |

All courses except course 6 are TD5

### **Course 6**

Course 6 controls may be hanging from a wire (rather than mounted on a t bar) similar to the sprints. They may also have smaller kites to make them less conspicuous to the public. They will have glowsticks attached, although these should not be relied on.

The system will allocate start times for course 6, but these do not require to be adhered to - collect your map from registration and go the start when ready.

### **Starts**

See separate start list for allocated times. It will be a punching start.

Those pre entered can go straight to the start unless they are on course 6; require to hire a dibber; or still have to pay for their entry.

The start is c200m away and uphill from registration along a good path

1 minute start intervals, -3 call up; loose control descriptions available at -3.

Late starts will be fitted in when possible, but this may be some time.

### **Finish**

Adjacent to the car park.

### **Prize-giving**

A combined prize giving will be held as soon as possible after the event. There are BUFF's for all class winners, 4 BrightBikeLights, and possibly a few others.

Can the current holders please arrange to return their trophies before the event.

Instigator; Coordinator, and Planner: Davie Frame - [davieframe@yahoo.com](mailto:davieframe@yahoo.com)/01738 710614

Sprints Day Organiser: John Lewis (TAY)

Nights 'Day' Organiser: Elaine Gillies (TAY)

Sprints Controller: Clive Masson (ESOC/BAOC)

Nights Controller: Lynne Walker (BASOC)

String course courtesy of Janet Clark and Judy Bell of ESOC

Assistance on the day by TAY members