**Short term Contract available to a qualified and experienced level 2 or above Orienteering Coach**

Self employed: **48 hours** to be delivered between March 2022 and November 2022. This to include preparation session, delivering 3 coaching days, and final evaluation session with TAY coaches.

Start with immediate effect.

Rate: **£25 per hour**

**Aim** to design a programme of six coaching sessions, mentor coaches in terms of the delivery of these for the future and assist TAY with delivering these

Outcomes:

* a series of materials specially aimed at enabling TAY to resume pre-COVID coaching, extend its scope and develop sustained capacity to run an expanded programme of similar sessions in future years.
* sessions tied into the STAR award programme, and introduce the Plan, Direction, Picture, Distance process.
* evaluation of the use of the sessions

**Background**

Pre-COVID, Tayside Orienteers were successfully running coaching in two ‘hubs’ around (a)Dunkeld and (b)Crieff/Comrie. We plan to re-activate and consolidate work in these areas to ensure that the newer members are encouraged to re-engage back with the sport. However, the club’s current coaching programme is limited by the number of available qualified coaches and consists of two Level 2 coaches and one Level 1 coach.

Tayside Orienteers would therefore like to bring in a fully qualified orienteering coach to design a programme of six coaching sessions, mentor coaches in terms of the delivery of these for the future and assist TAY with delivering these.

**Detail of what is required:**

The format should build on the templates available on the SOA Coach Resources page – Session Planning - but the sessions and lesson plans should be tailored specifically for TAY members (with a relatively high proportion of young entrants), and adapting these to specific local areas.

There should be an emphasis on TD 1-3 levels, and at the same time link to the Star award programme, and introduce the Plan, Direction, Picture, Distance process.

There should be an evaluation session after the end of the programme, which will result in a series of materials specially aimed at enabling TAY to resume pre-COVID coaching, extend its scope and develop sustained capacity to run an expanded programme of similar sessions in future years.

The main outcome will be to allow the club to cater for a wider range of individual levels and abilities than we can deliver with our current level of resource.

The programme should aim to be sustainable and progressive, based on appropriate training and coaching exercises which could be replicated by the club’s own coaches on an annual basis as participants progress through the different stages and levels. This will help develop a culture of continuous improvement and learning across the club.

Based on a ratio of 1 coach per 4 participants, the framework for the coaching will be as follows:

1. Child Beginners TD 1 and 2

2. Child improvers TD 3 upwards

3. Adult beginners TD 1-3

4. Adult improvers TD 4

5. Experienced learners TD 5

The appointed coach will oversee three sessions out of a total of six to be run between April and September 2022, Session 1, Session 6 and an intermediate session, and will submit an evaluation of the programme after Session 6, along with suitably tailored training and coaching materials for use in future years.

He/she will be assisted at each session by TAY coaches who will be mentored in the process.

**Interested?** Send in a CV and a short covering letter outlining your recent relevant experience to Moira Laws (coach@taysideorienteers.org.uk) by 5 pm on March the 18th. If you wish to discuss this application in advance, please contact Moira for an informal discussion.